

**Nutrition Education Goal 1**

<b>GOAL 1:</b> The District shall deliver nutrition education that fosters the adoption and maintenance of healthy eating behaviors.	
<b>Objective 1:</b> The campus administration team will ensure healthy nutrition messages are communicated monthly in the cafeteria and to the school community through a variety of media.	
<b>Action Steps</b>	<b>Methods for Measuring Implementation</b>
<ul style="list-style-type: none"> <li>Campus administration or designee will utilize available resources and events to deliver nutrition education messages and information as appropriate.</li> </ul>	<p>Baseline or benchmark data points:</p> <ul style="list-style-type: none"> <li>Current nutritional education activities</li> <li>Annual Campus Wellness Committee Report</li> </ul> <p>Resources needed:</p> <ul style="list-style-type: none"> <li>Child Nutrition Department website</li> <li>Healthy nutrition messages and information</li> </ul> <p>Obstacles:</p> <ul style="list-style-type: none"> <li>Access to resources</li> <li>Staff attrition</li> </ul>
<b>Objective 2:</b> The District will identify and evaluate the current Nutrition Curriculum resources at least every 2 to 3 years.	
<b>Action Steps</b>	<b>Methods for Measuring Implementation</b>
<ul style="list-style-type: none"> <li>The District will collaborate to ensure all nutrition resources are current and aligned with National Nutrition Standards.</li> </ul>	<p>Baseline or benchmark data points:</p> <ul style="list-style-type: none"> <li>Current Lesson Plans</li> <li>Annual Campus Wellness Committee Report</li> </ul> <p>Resources needed:</p> <ul style="list-style-type: none"> <li>District adopted Coordinated School Health Curriculum</li> <li>Access to Schoology</li> <li>National Nutrition Standards</li> </ul> <p>Obstacles:</p> <ul style="list-style-type: none"> <li>Access to resources</li> <li>Staff attrition</li> </ul>